

Celebrating 10 Years In the Community



The

ANCHOR NEWS



Serving the Central Texas Community

Volume 10 Number 6

January 2013

FREE

Waco concert and choir workshop to feature Kim Burrell

By Linda Crawford

In awe, you have watched her intense guidance on the hit show, *Sunday's Best*. You have listened to her words of wisdom as she pushes the show's contestants to reach their highest potential. You have marveled at her guidance and confidence in song, and thought to yourself, "I wish I could work with her." Well, now you can.

Not only will Burrell be in concert in Waco on Saturday night, February 16th with world renowned gospel recording group, Serenity, but there is also room for you. This New Seasons Production Black History Celebration Concert includes a workshop choir, which will meet on Friday evening, February 15th at 6:00 and again on Saturday morning at 11:00. The choir will then perform with Burrell at the Saturday night concert. The cost to be part of the workshop



Kim Burrell

choir is \$25.00.

Pastor of the Love and Liberty Fellowship Church in Houston, Kim Burrell had humble beginnings with the Greater Emmanuel C.O.G.I.C. Choir of Houston, Texas. This national recording artist has shared the stage with the dynamics of gospel music and has

been featured on BET's Celebration of Gospel as well as many other gospel venues. She joined the popular reality gospel show, *Sunday's Best*, in 2010, sharing the stage with award winning singers and show judges Erica and Tina Campbell (Mary Mary), Pastor Donnie McClurkin, and Yolanda Adams.

According to Burrell's official website, her "prayer is that she would be used as a vessel of change, that her spirit-filled singing and preaching will touch the lives of many and souls will be saved throughout the United States and foreign lands."

Sponsored by Marvellous Joy Ministries & Productions, the concert, held at Carver Park Baptist Church, will begin promptly at 7:00 p.m. on Saturday night. MJP's Serenity will

See BURRELL Pg. 4

February 9 – First Baptist honors women of service

By Linda Crawford

When First Lady Marva Harrison and the Deaconess team of First Baptist Church NBC in Waco started the FBC Prayer Conference & Brunch, their heart was simply to honor women across Central Texas. Deaconess President, Mother Carrie Haynes, and the organizers narrowed their honorees down to Mothers of the Church, recognizing them during a luncheon in the church fellowship hall.

By the next year, the numbers in attendance had grown, causing them to move the affair to the LaQuinta hotel in Woodway, Texas. That year, the conference focused on First Ladies with Pastor Pia Foster of Ft. Worth (formerly of Waco) serving as the guest speaker and the gospel recording group, Serenity, ministering through song.

Again, attendance increased, with the next year's conference attracting men and women. At last year's gathering, A Jewel in His Crown—Women of the Cloth, honorees received recognition for their leadership roles. Key note speaker Evangelist Kay Brown of Zion Hill Baptist Church ministered the Word, Minister Ree Proctor ministered through dance, and Serenity ministered through song.

This year's event, Sisterhood of Compassion—Followers of Christ as Servants, is planned for February 9th, 8:30 a.m. at the church.

"It promises again to



Myrtle Johnson is among the honorees.

usher in the presence of God," says Harrison, who is also the event planner. Conference participants include praise and worship leaders, Men of Zion, soloist, Sister Debra Wilson, gospel recording group, Serenity, praise and worship dancer, Minister Ree Proctor, and key note speaker Evangelist Ruby Minnitt. Honoring women in the ministry of service, the conference will show appreciation for women of diverse backgrounds and giftings who are called to serve in various capacities. One of the honorees, Minister Myrtle Johnson, for example, is known throughout the city for a life of service to the community. For 20 years, Johnson served as District Director for the Office of Congressman Chet Edwards, 17th Congressional District located in Waco, Texas. It was through this position that people began to get a clear understanding of Johnson's love for the commu-

See HONOR Pg. 7

Powerful and humble leader named Citizen of the Year

By Ryn Framer

"I believe I have a special calling on my life to be an example of His love to other people."

These were the sincere words of a local pastor during a recent conversation I had in the community. East Waco is filled with incredible pastors who have the passion, knowledge and skills to lead their congregations into fellowship with each other and demonstrate what it is to be a good neighbor to the surrounding community.

One such pastor, Dr. Willie E. Clarke, has served our community for the past five years. He is the Senior Pastor at Pleasant Olive Missionary Baptist



Dr. Willie E. Clarke

Church. He said his favorite part about being a pastor there is "...interacting with God's people" and letting his light shine

bright enough to encourage them.

Recently, he received the Citizen of the Year award from the Central Texas African American Chamber of Commerce at their awards banquet. Pastor Clarke emanates joy and compassion and immediately puts you at ease. He is not afraid to be honest but does so with humility.

He says of Pleasant Olive Church, "It is a beacon and a light on the hill to our community." What a joy it is to serve alongside Dr. Clarke and our other East Waco pastors who desire holistic change for the community and work daily with others to make a difference. www.wacocdc.org



J.L. and Linda Crawford

A co-owner of *The Anchor News*, J.L. Crawford is the Director of Operations for the paper. He is also an instructor at McLennan Community College and a Bible teacher. Linda Crawford is co-owner and Editor of *The Anchor News*. She is also an instructor at McLennan Community College and is a Bible teacher and motivational speaker.

From the Crawfords...

Dr. King's speech, "I have a Dream," is so inspirational. Many people never believed that we would be where we are today, as a people and as a nation. Of course, there were those who voiced those "unbeliefs," but they could not stop Dr. King from dreaming. In the midst of chaos, suffering, and often devastation, Dr. King became stronger, and his dreams became more vivid. We often tell people that they have to visualize it, even if they don't have it. And most important, when they run into negative people, they have to KEEP RUNNING!

Local pantry assists 3,000 families each month

By Robert Gager

We live in an area where the poverty rate is almost twice the national average. The next statistic may surprise you even more. One in four children in Texas (23.3%) under the age of 5 is "food insecure"—which is defined as not knowing where his or her next meal will come from. Texas has the second-highest food insecurity rate in the U.S. for all age groups...50% of our employed people earn wages that keep them at the poverty level. These statistics are what The Shepherd's Heart Food Pantry of Waco is working to change, on a daily basis—one nutritious meal at a time.

We currently assist more than 3,000 families each month through our main pantry at 1401 North 34th street in Waco. A total of 36,862 families were assisted in 2012 with an average of 40lbs per family at a cost of \$4.52 per family. Our goal is to provide food and services to those in need. Our efforts are to feed the hungry now and find poverty ending solutions for those whom we assist.

Additionally, more than 600 families each month receive nutritious food through our network of pantries—Carver Park Baptist Church, Living Word COGIC, Second Missionary Baptist Church, Crossroads Christian Alliance in Hubbard, and Victorious Life Church.

Every Thursday at The Shepherd's Heart Pantry from 3:00pm to 6:00pm

we have a distribution of canned goods, boxed and dry staple items, meats, and fresh fruits and vegetables. For added convenience, a drive-through is available for those who cannot stand in line, and for housebound senior citizens, or for those who are disabled and unable to get to The Shepherd's Heart. We currently deliver to 307 seniors and are somewhat limited in our ability to continue to add additional clients due to the fact that we need more drivers.

In a collaborative effort between The Shepherd's Heart, Pleasant Olive Missionary Baptist Church, and the Capital Area Food Bank in Austin, on the third Tuesday of each month, we have a mobile pantry located at TSTC in front of the Industrial Technology Center (at Crest Dr. and Airline Dr.) from 11:00 am to 1:00 pm.

In December, Things from the Heart, our resale shop, created a toy drive to provide assistance to homeless children. With the support and partnership of Fox-44 TV we completed our first "Toys from the Heart" Christmas toy drive. We were able to collect over 200 toys in December. All the toys were then given to the staff at Waco ISD, so that they could put the toys into the hands of the children who would not otherwise experience the joy of Christmas. Thank you to all who made Christmas possible for these children.

The Shepherd's Heart is staffed entirely of volun-

teers who wish to make a difference in the lives of others. To support their much-needed work, donations from the Central Texas community are vital to continue the mission of feeding the hungry.

Here are some ways you can help:

- Become a volunteer at the pantry or at Things from the Heart, our resale shop.

- If you can't volunteer your time become a donor, and don't think that you are too small to help. When we share the load through the efforts of many the results become much greater.

- Or maybe you can organize a food drive where you work or at your church.

- We need drivers to deliver groceries to seniors every Wednesday and Thursday.

- We also need people who can bring a senior person to the pantry who wouldn't otherwise have transportation and take him/her through our drive through so they can get food on Thursday between 3:00 pm and 5:00 pm.

- There are many opportunities to get involved and we encourage you to consider how you can get involved.

In fact this might be a place to mention that if we



The Shepherd's Heart

Feeding Families. Changing Lives.

think we can we will; if we think we can't we won't. We magnify in our mind what we think about. If we think about what God has said, we will find a solution to overcome whatever the problem is.

In today's economic times, the need for feeding the hungry is greater than ever. Every month is a faith walk to pay the bills and keep things going. We make every donation count. We look to God for our provision yet we know He works through people like you. To help The Shepherd's Heart Pantry continue its much-needed mission through donations, volunteerism, or by becoming a member of its network to increase food distribution locations, call (254) 722-9517. Donations may be sent to The Shepherd's Heart, P.O. Box 23175, Waco, TX 76702.

The ANCHOR NEWS

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PURPOSE

The Anchor News, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

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The comments and opinions of our readers are welcomed. Letters and articles should be e-mailed. Letters should be no longer than 200 words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head shot (in jpeg format) along with your name, address and phone number. We reserve the right to edit for grammar, space,

potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

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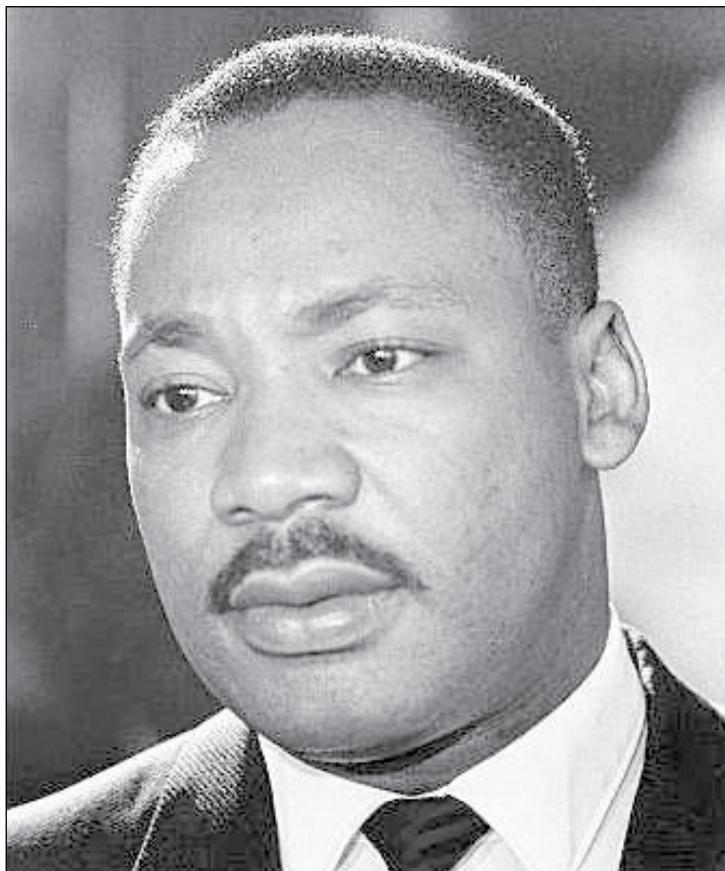
Wanda B. Gunter ~ Contributing Writer

January 21, Dr. Martin Luther King, Jr. Holiday

Martin Luther King, Jr., originally Michael Luther King, was born January 15, 1929, in Atlanta, Georgia, to Reverend Martin Luther King, Sr. and Alberta Williams King. Both King, Sr. and Alberta preached at the Ebenezer Baptist Church, as King Jr. would later do himself. He had an older sister, named Willie Christine, and a younger brother, named Albert Daniel.

King was exceptionally bright, enrolling at Morehouse College at only fifteen years old. There, he learned a Bachelor of Arts degree in sociology. He then earned a Bachelor of Divinity degree from the Crozer Theological School, before beginning his doctoral studies in Systematic Theology at Boston University. There he received his Ph.D. in 1955. While in Boston, King also met and married Coretta Scott King, with whom he would have two children.

In 1954, King accepted his first position as a full-time pastor at the Dexter Avenue Baptist Church in Montgomery, Alabama. By this point, at the age of 24, he was an executive committee member for the National Association for the Advancement of Colored People (NAACP). In December of 1955, King helped form the Montgomery Improvement Association, and took charge of the first major non-violent protest of the civil rights movement, the Montgomery Bus Boycott. The boycott was called in response to the arrest of a woman named Rosa Parks, who refused to forfeit her seat on a bus to a white man. The boycott lasted for 382 days, only ending when the Supreme Court declared the forced segregation of buses unconstitutional.



Dr. Martin Luther King, Jr.

Soon afterwards, in 1957, King was elected president of the newly formed Southern Christian Leadership Conference (SCLC), which provided a ideological and organizational foundation for the growing American Civil Rights Movement. He implanted into the SCLC moral ideas and techniques based on Christianity and the non-violent teachings of Mahatma Gandhi. For more than a decade, he spoke at thousands of locations about civil rights and social justice, as well as writing five books and several articles on the topic. He organized many demonstrations advocating desegregation, labor rights, and the dismantling of prejudice Jim Crow laws.

King's actions cast him and the Civil Rights Movement into the public eye,

awarded the Nobel Prize for Peace. He was the youngest recipient in the history of the award.

On April 4, 1968, King was shot and killed while standing on a balcony outside his motel room in Memphis, Tennessee. The next day, he had been scheduled to lead a protest by the city's garbage workers. Though a man named James Earl Ray was accused and pleaded guilty to the crime, the exact circumstances surround-

ing his death have been shrouded in mystery.

Since his death, Martin Luther King, Jr. has been recognized as one of the greatest advocates for universal civil rights in history, as well as one of the most remarkable modern orators. He is perhaps the most recognizable figure of the Civil Rights Movement, and has posthumously received many awards and recognitions, including the Presidential Medal of Freedom.



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Self-evaluation: What do you really want?

By Mona Dunkin

What do you want? Over the course of your life thus far, how many times have you been asked that question? What do you want for your birthday?

What do you want? What do you really want? What about those times you "want something" and go searching for food even though hunger is not the issue? Or find something to do when that doesn't fit the yearning either?

Asking ourselves what we really want is probably the most important thing we can do for ourselves - whether it's about those big life/visions/goals or in-the-moment stuff.

Have you ever wanted - and gotten - a new car thinking it would transport you to prestige, fun, dignity and self-worth, only to be sorely disappointed once the glamour wore off, and the payments continued?

What we want is produced by our emotions. Emotions are the outcropping of the thoughts we think. Emotions and perception (the



Mona Dunkin

way you see things) feed on each other, either to rev you up, or to calm you down. It depends on what mind movie you are tuning in to. We assume our lives are shaped by events. Actually our lives are shaped by our perceptions and reaction to events, people and/or stuff.

In the midst of a heated discussion, take a deep breath and ask yourself,

"What do I want right now?"

More than likely the true answer is not, "I want to argue!" Odds are it's more likely, "I want to be understood," or, "I want to stop this harangue and I want to show up as the highest version of myself I'm committed to being!"

When you evaluate what you really want, then you are in a position to create it. It is no longer about proving a point. It becomes about being the person you truly are. It is all in the decision. When you become clear on what you want (or who you really want to be), the "how" to be that person begins to fall into place.

Change either what you want, or change what you are willing to do to get it. The human heart beats the same whether in the 21st Century or the 1st Century, before or beyond. We really do all face the same issues, just in different flavors.

The answer to what we want is usually not stuff or food or money or handouts or advice - although those things may have their place. The answer to what we want is usually about being. To find out who we really are, we must acknowledge who we have become. We must face the way we hide from ourselves.

Blind Bartimaeus cried out, "Jesus Christ, Son of David. Have mercy on me. I am a sinner." Jesus responded to his plea for mercy by asking, "What do you want me to do?" (Mark 10:46-52)

God will not violate our free will. How often do we ask for help not knowing what we really want or really need? We do not recognize our spiritual poverty and thus do not receive mercy.

In evaluating what we want from Christ, start with the ever true declaration of "I am a sinner". After a soul-searching inventory be specific, "I am a sinner by being stressed that you will not provide for my needs." "I am stressed because So-and-So does not follow my sage advice." Become more specific. "I am a stressor. I am a stressor because I want to control people and situations."

What we want is actually about peace, contentment, healthy relationships and

effective behaviors. They are readily ours as we make time to follow the Biblical mandate to examine self before partaking in experiences that would render us ineffective (I Cor. 11:27-33).

Need trainer? Mona Dunkin leads individuals and companies to greater levels of success. Contact her at mona@solutionprinciples.com View training topics at www.monadunkin.com.

BURRELL

Continued from page one

open. For over 21 years, Serenity has made its way onto the stage, opening for entertainers such as Kirk Franklin, Kim Burrell, Bishop Darrell Yancey, Carnel Murell and the DFW Mass Choir, to name a few. This four member a cappella group is part of the Texas Gospel Announcers Guild and recipients of the Texas Gospel Excellence Awards.

Those who wish to buy

tickets (regular admission \$20) may do so at the following Waco locations: BJOY BIJOUX at 710 Austin Avenue, Baki's Hair Salon at 2405 W. Waco Drive, Suite A, and Marilyn's Gift Gallery at 818 Elm Street. Go to newseasonsproduction.org for online registration. For more information, call 254-715-4173 or see the ad in this issue of *The Anchor News*.

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What ever happened to right being right and wrong being wrong?

By Ron Oliphant

The year 2012 has left us and we now are heading into a New Year with some of the old challenges unresolved. It really doesn't matter whether you voted for Barack Obama or not. The fact remains that he is still your president. Also please remember that the President, Senator and Representative in the house represents your voice, and your community vote chooses the official. Our hope as citizens is that the politicians who ran for office did so because they wanted to make a difference.

We assume they care about the country more than their own personal agenda. We live in the United States of America but our country is obviously not united. The fight over the Fiscal Cliff, which is merely a term referring to the end of a law that gives certain businesses tax breaks and payroll tax cuts, is a perfect example of how difficult it is to get something done in Washington. If we listen to the radio or watch the television broadcast that



Ron Oliphant

features a Republican on one side and a Democrat on the other, we clearly see the war between the North and the South raging on. The average citizen calling in will be ranting and raving about the way things are being run in this country and he/she wants change.

The truth that no one seems to see is that our chosen leaders are paid well and given great benefits. Their children go to high quality schools because they can afford private school tuition. If they, or any member of their family gets sick, they are provided the best

healthcare available. The cost of college is not a problem their children will have to face, and so we watch as they argue about problems that are not their own. I could write a long list of problems we face in America and it would be easy for me to miss a few, and for you to name a few, but as I search for the root of this poison tree, my eyes open wide to a loss of basic morality and accountability.

There was a time when the leaders of our communities were held to a high standard. Politicians could lose their job if they were caught having an affair. Preachers were sat down for immoral conduct of any kind and they reprimanded anyone in the community who did such. Did you know that according to a study done by the Organization for Economic Cooperation and Development, that 72% of African American children were in single parent homes? What happened to dad and his shot gun? Where is that fiery preacher talking against adultery and fornication?

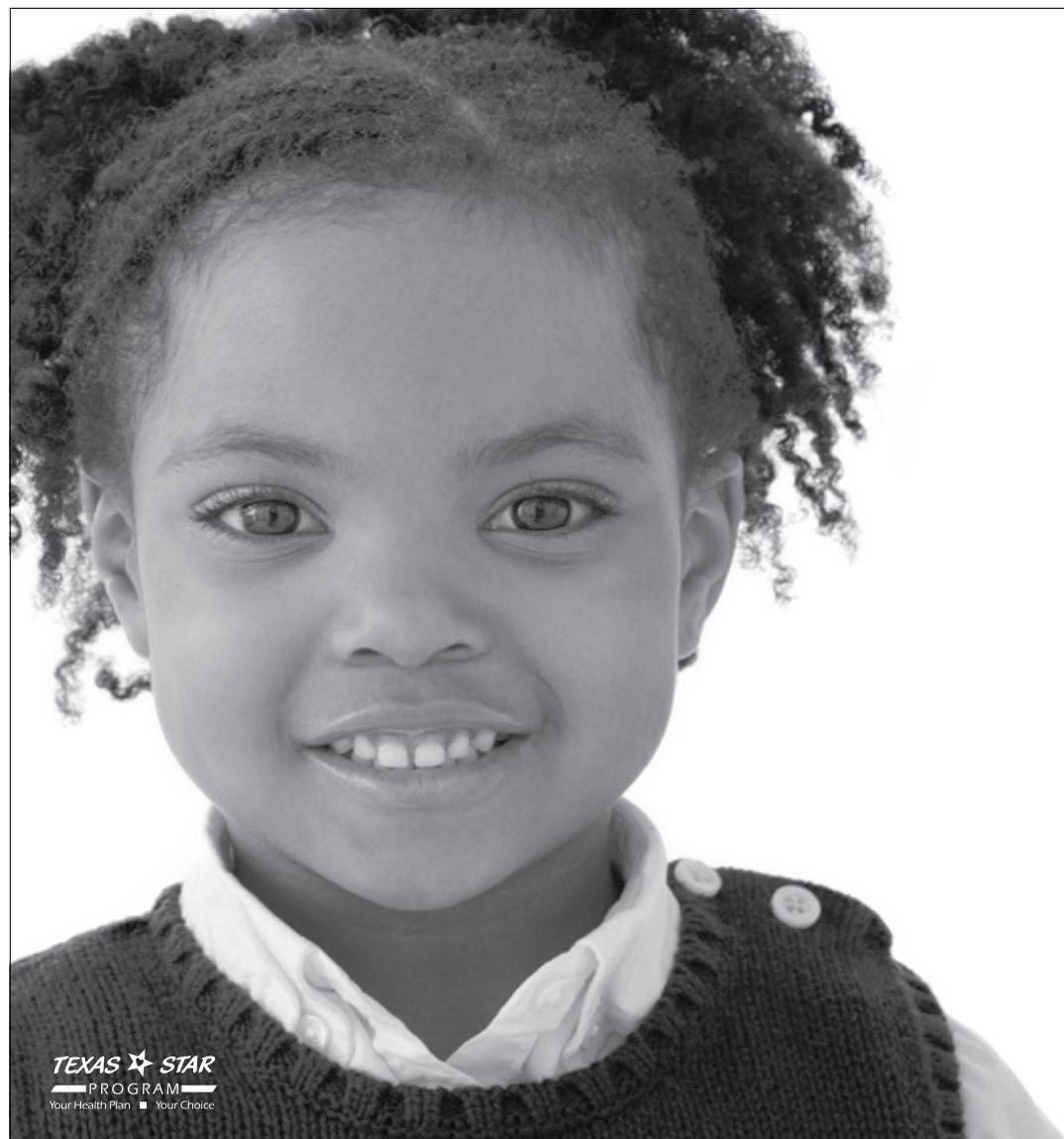
Teachers did not have improper relationships with students and were treated as respected persons of authority. There was a time when the community was proud and raised their children together. What ever happened to right being right and wrong being wrong?

Today I can as a politician cheat on my wife, lie about it and still remain looked upon as the best president we ever had. Today we are not allowed to pray in school and if we have a teacher that is a sexual predator, another teacher may hesitate calling the police and instead inform the principal. We have children marching into school killing people and yet we argue about our economy and the Fiscal Cliff. We fight wars in countries that do not border the United States but we cannot assist Mexico. Our major cities are plagued with gang violence and immigration problems but we are the greatest country to ever exist. If we were concerned about the welfare of

people being oppressed and tortured abroad, we would be in Africa helping children in Uganda.

What I am simply trying to say is the change that must be made going forward starts with us, with "we the people." The development that is needed is personal. It is hard to clean up someone's house when you don't know how to wash your own dishes and mow your own yard.

The change must come from within. We must learn to care about each other and do what is right instead of turning a blind eye to what is wrong. We need those in charge to stop being soft on correcting those who are dangerously choosing to be out of alignment with what is right. The teacher and politician must be solid citizens. The preacher must walk upright pushing the will of God. Momma and Daddy should be together raising their children. It is hard to fix the country when those who are leading will not hold themselves to a high standard.



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Praise & Worship Leaders
 Men Of Zion



Serenity
 Ministry of Song

First Baptist Church, NBC

613 Jefferson - Waco, Texas • Dr. George Harrison, Pastor
 Sis. Carrie Haynes, President of Deaconess

HONOR

Continued from page one

nity. It is said that she has a ministry of empowering others and a voice that gives them "the push they need to go on." She is credited with assisting hundreds of youths and youth groups in their personal growth and development and with leading them to the Lord. Johnson is highly respected and will be recognized as such at the FBC Prayer Conference & Brunch.

Other honorees include the following women of service: Sister Mabel Brown, Sister Sheila Brown, Pastor Mary Carbajal, Sister Linda Crawford, Sister Sandra Harrison, Sister Alice Pol-

lard, Minister Kathy Reid, Sister Mia Thomas, and Reverend Beverly K. Williams.

The Sisterhood of Compassion Conference will donate \$1.00 of every \$5.00 registration fee collected to the Family Abuse Center. Additionally, Harrison is asking each attendee to bring items such as black hair care products, blankets, cookware, and other supplies to donate to the center. These items will assist families in getting back on their feet as they work toward being on their own. The conference will be held at First Baptist Church, 633



Event planner, 1st Lady Marva Harrison.

Jefferson, where Dr. George R. Harrison is the pastor.

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McClain receives State Line Officer Award

Veronica McClain recently received The State of Texas Line Officer of the Year Award at the January 10th, 2013 Judicial Advisory Council meeting in Austin, Texas.

McClain will be representing McLennan County CSCD on a state-wide level. Prior to working as a McLennan County Community Supervision Officer (6 years), she worked for 6 years with the Texas Youth Commission-Mart, where she was a Caseworker III

before advancing to Inspector General. McClain began her Criminal Justice journey at the age of 17 by working with juvenile youth throughout the community. Continually seeking new ways to impact her community in positive ways, she takes pride in attending additional trainings in criminal justice, her field of expertise.

Mission minded and goal oriented, McClain serves as a McLennan County CSCD Drug Education instructor,



Veronica McClain

was selected as a representative on the Women in Criminal Justice Panel and to participate in the Motivation Interviewing (MITA) test pilot program.

For the past three years, McClain has been an active Ambassador for the Greater Waco Chamber of Commerce. A former President of Zeta Phi Beta Sorority, Inc.-Waco, Texas and an active member for over 30 years, McClain has served in many capacities—Vice President, Collegiate Advi-

sor for Texas A & M University, Southern Region Nominating Committee, and Elections Committee. She voluntarily serves as a "Dress for Success" coach during the annual Heart of Texas Workforce Youth Expo, and is a former board member for the Sickle Cell Anemia Foundation Waco, Texas. McClain was honored as Zeta Phi Beta's Woman of the Year and New Hope Baptist Church, Waco, Texas recognized her as an Outstanding Woman of the Year. She also served as mentor and speaker for the Waco ISD Alternative School and is an active member of Pleasant Olive Missionary Baptist Church.

At Pleasant Olive, she served on the first annual Auction Committee, Assistant instructor for Vacation Bible School and various activities. During her professional career, she served and worked as a committee member for Women in Criminal Justice for two years, where she created and designed the 1st Women in Criminal Justice Fashion show theme.

Her favorite past time activities consist of traveling, shopping, reading, comedy and collecting unique jewelry for all occasions. She contributes the desire to succeed, willingness to lead by example, and help others along the way to the wonderful influences and guidance of her parents, the late Thomas E. McClain and Rev. Johnnie McClain. McClain believes that having a team of professionals and supportive co-workers who also believe in providing quality service and maximizing rehabilitation of offenders has made McLennan County CSCD one of the best agencies in Central Texas.

She strongly believes that she will reach her destiny by keeping God first, listening to wise instruction, embracing and encouraging others, seeking new opportunities to develop and challenge her natural talents, and being the very best person she can be.

McClain is a firm believer in 1 John 5:14: "This is the confidence we have in approaching God that if we ask anything according to his will, He hears us."



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In the chair at 1, out by 2

By Linda Crawford

Time is of essence! Whether it's your hair, brows, nails or skin, Jackie Berry can help you, and she promises a time conscious experience. At Cuttin Up Salon in Hewitt, Texas, people can expect to be in Berry's chair at their appointment time. If by some chance Berry is running behind, they can expect to be in the chair no later than 5 to 10 minutes after their appointment.

"I don't believe in having people wait," explained Berry. "People have things to do."

Berry has no problem admitting that she is timely and good, as well. "If a woman sits in my chair for a relaxer, she can expect to be walking out in an hour and a half. She can expect to be happy with her hair, and she can expect to have enjoyed her experience here."

Berry has been doing hair most of her life. When she was in 3rd grade, she used to roll and style her mother's hair. In high school, she was known for starting new hair trends. "I would cut my own hair in a cute style. I would go into the bathroom and come out with a new haircut. My mom finally gave me free range with my hair."

Berry always did her family members' hair—



Jackie Berry

her mom, sisters, aunts, and even close friends. Finally, she moved on to do her mother's curls and her aunts' haircuts. "They liked my work and trusted me to style their hair like I wanted." Berry likes healthy hair, so she works hard to get her clients' hair to a healthy state. Using all natural products, she does all hair types. She is also a Mary Kay consultant.

Customers say Berry does everything in a timely manner. Many of her clients are professionals, first ladies, and time conscious people. They usually have meetings, church functions, and business functions, said Berry. One of Berry's clients, a medical doctor, comes in on her lunch break. "She gets a relaxer and a basic style (relaxer, blow dry, flat iron and style) and is back at work within an hour or an hour and a half."

According to Berry, people like the atmosphere and the family environment. "It is peaceful and professional here, and it does not take up very much of their time."

Berry offers a number of services: relaxers, nails, waxing, pedicures, manicures, extensions, haircuts, twisties, highlights and colors, to name a few. One of her most popular services is sugaring, an all-natural sugar paste for hair removal. It is not hot, explained Berry, so it does not burn the skin. It removes hair from the root for a longer-lasting smooth on any area of the body.

Berry has been with Cuttin Up (previously The Hair Company), since 2002. Conveniently located on Hewitt Drive, Cuttin Up is in the shopping center behind the Goodwill store. Save some time and money. Call Berry to make an appointment at 254-666-8959.

The absence of God's influence

By Matthew Reed

School shootings and all other forms of violence and lawlessness are more prevalent in America and the world because of the absence of consciousness toward God Jehovah. Our government was at one time one of the best models for the world. As a Christian nation whose laws and customs reflected the influence of our faith in God, we were salt and we were that light which Jesus proclaimed Christians to be. Most nations wanted what we had.

We are presently not the worst place to be, but we are slipping fast. As a prophet I've prophesied about what is happening now for if the church doesn't repent, we will continue this downward spiral. The good news is if the church will stand on God's word and judge righteous judgment, cease trying to please and be a friend of the world and become doers of the word, then we can pray and God will hear from heaven and heal our land.

But because we've lost so much influence we are going to have to suffer the things that Jesus, Stephen, Paul and many more of the preceding saints suffered. What they accomplished wasn't handed to them on a silver platter. Many of them including Jesus and Stephen died for it. Paul and many more were imprisoned for it. Many more



Pastor Matthew and Helen Reed

lived in caves for it. You see it was wrought for. What I hear today is church people praying for the blessings of God, but not many living and dying for it. Jesus himself spake that if we were going to follow him we would have to die to self. We would have to leave mother, father, sister, brother, wife and children. We can't keep saying and supporting things that are contrary to the teachings of Jesus in order to stay in good standing with man or with the hopes of escaping persecutions. If we do, one day we will hear these words from our savior, "Depart from me you workers of iniquity; you denied me before men; I never knew you."

The church will have to regain its influence through righteous living according to the doctrine of Christ. And then get out there in the midst of the people we

are praying for and do the work of evangelists. You see they are the harvest and they are not going to be saved unless there is labor. There is profit in labor. What we are praying for can come to pass but not without labor. We can look at the works and sufferings of Jesus and his disciples to establish the truth of what I am saying. Jesus taught his disciples, gave them power and authority, then sent them out into the population. Their charge was to establish the New Testament Church. Christians are yet disciples of Christ. The task is the same as then and the work is to be performed in the same manner.

Here is our problem in our zeal to bring men, women, girls, and boys to Christ. We have not done so with the thought of creating disciples. We have not emphasized to the church that we are all ministers of God. As pastors, evangelists, teachers, preachers and prophets, we've lessened the importance of the churches population in the work of God. The gifts perform a specific function but we are all ministers. If taught properly the church would increase in numbers. Many of us would not have to go far; there is a lot of work to be performed in our families, but we cannot influence them if they observe us living like the devil. We are all ministers!

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Paint Forecast: 2013 Looks Bright

By Linda McDonald

As one of the leading color experts, Benjamin Moore's forecast of color trends is eagerly anticipated each year. Here are a few highlights for 2013.

RED continues to be a staple color in design. For 2013, we will be seeing more regal, stable reds, shaded and made more quiet with the introduction of black. Bright red will also be popular, bringing with it a heritage feel.

YELLOW is still a true staple and can be used as a neutral even if it is bright. It is not being used so much as an accent anymore and is often coupled with purple.

GREEN is nature's neutral. Even if bold, other colors will go with green. Hues from nature are always a staple and designers love to harness the outdoors into the living space. Chartreuse remains popular, mint green brings in a retro vibe when paired with a white backdrop, and the attention grabbing Kelly green is perfect for highlighting on shelves and smaller items.

All shades of BLUE will remain popular. Navy is a big influence; cobalt is "in" for its richness, not grayed down; turquoise



Linda McDonald, ABR

brings a strong and lively feel; azure, periwinkle and lapis blue are all expected to be trend-making.

For accent colors, PINK, ORANGE and PURPLE are making headway. Bronzy oranges and peachy-coral orange are coming into play. Pinky-purple and grayed-out lavender are other hot colors forecast for 2013.

And last but not least, we have the neutrals: GRAYS, BLACKS and WHITES. The theme within all of these hues appears to be matte finishes rather than glossy.

Taken from an article written by: Sherene Chen-See, Special to National Post <http://life.nationalpost.com/2012/06/20/paintforecast-2013-looks-bright/#>.

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Fort Hood government vendor conference and expo planned

The CENTRAL TEXAS BUSINESS RESOURCE CENTER (the BRC) provides high-quality business counseling, training, and assistance to potential and existing small business owners. The BRC is a collaboration of Workforce Solutions of Central Texas, the Greater Killeen Chamber of Commerce and Central Texas College. A special BRC conference announcement follows.

Register to Attend, Exhibit or Sponsor the Seventh Annual Fort Hood Region Government Vendor Conference & Exposition being held on February 6th, 2013.

The Central Texas Business Resource Center will conduct the seventh annual Fort Hood Region Government Vendor Conference & Exposition, on February 6, 2013 at the Killeen Civic & Conference Center in Killeen Texas. We have planned this Conference and Expo to help you to better understand the process of doing business with the prime contractors and government

agencies to include federal, state, county and city. You will have the opportunity to network one-on-one with representatives and attend conference sessions such as Introduction to Government Contracting, How to do Business with AAFES, and Obtaining Contract Financing.

Many local, state and federal agencies are required by law and policy to do business with small businesses, including certified disadvantaged businesses such as woman-owned, minority-owned, and veteran and disabled veteran-owned. This conference will provide small businesses access to government and private sector contracting opportunities and information. The conference includes a business exposition where businesses can showcase their products and services to government and business attendees, as well as attend the conference sessions with prominent government, corporate, and business leaders.

Military in uniform enter

the exhibit hall for free.

Registration to attend is \$100 per person thru January 31st, 2013 and then increases to \$125 per person. Attendee package includes all Conference Sessions, entry to the Exhibit Hall, and one ticket to the Networking Luncheon.

Exhibitor/booth is \$400 thru January 25th. Prices increase to \$500 per booth after that.

Sponsorships are available through January 25th, starting at \$1000.

More information on Attendee, Booth and Sponsorship information is available at www.forthoodgovexpo.org

For more information on the Fort Hood Region Government Contracting Conference and Expo visit www.forthoodgovexpo.org

or call the Central Texas Business Resource Center at (254) 200-2001.

Please contact the Central Texas Business Resource Center with any questions about this press release at marcus@workforcelink.com or call 254-200-2001.

How to overcome trauma in your life

(NewsUSA) - When sudden, unexpected things happen that shatter your sense of security, it's important to keep all lines of communication open. Even if you don't need the support, someone you care about may.

While you can't control everything that happens to you or your loved ones in life, you can control your reaction.

David Cunningham, a communication expert and seminar leader for Landmark Education -- an international training and development company that offers "The Landmark Forum" and dozens of other programs -- suggests the following advice for those coping with loss:

- Accept the reality of the situation. Even when hurricanes, wildfires or other natural disasters approach, many residents are reluctant to evacuate,

putting themselves and their rescuers at risk. If your area is told to evacuate, don't count on a miracle to spare your home -- keep your family safe by taking them to a secure location. Make sure that each family member knows what they're doing, where they're going and what important documents they must take with them.

- Understand that talking about your experiences will help your family members cope with their trauma and loss. People experience a wide range of emotions after surviving a traumatic event, including anger, grief, guilt, fear and numbness. Open up about your feelings, and others will feel more comfortable sharing theirs.

- Truly listen to others' thoughts and feelings, even if they perplex you. Maybe you don't understand a neighbor's worry

over their cell phone or a friend's frantic concern over a lost pet. But it's important to create a space in which people can express their feelings. Allow others to speak about their primary concerns without passing judgment or trying to fix the situation -- an open ear can mean everything in a time of crisis.

- Become a leader. Maybe you don't see yourself as a leader in everyday life, but if your family is counting on you, you need to step up. Focus on others. Make sure that everyone is prepared to act calmly and safely, and you will find yourself becoming the leader you never knew you were.

For more tips on surviving traumatic events with grace and resilience, or helping those still coping with loss, visit www.landmarkeducation.com.

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We are living in dangerous times! Part 3

Continued from the December issue of The Anchor News.

By Ruby McCray

“What is this world coming to?” I’ve heard that question time and time again. The answer is simple; it’s coming to an end!

The Apostle Paul said, “But understand this, that in the last days will come (set in) perilous times of great stress and trouble [hard to deal with and hard to bear]” 2 Timothy 3: 1 (The Amplified Bible). On Friday, December 14, the whole United States of America and other parts of the world were in a state of shock and grief when we heard about the shooting that claim the lives of twenty-seven persons at Sandy Hook Elementary School, Newtown, Connecticut. Many asked who could commit such an atrocious act of evil by taking the lives of innocent young children? One answer is when sufficient punishment isn’t administered to the continual crimes committed, crimes will continue to surmount (Ecclesiastes 8:11). When many who are in authority are committing the same crimes, laws become difficult to enforce because they will be pronouncing doom on themselves (Romans 2:17-24).

The news reported that up to that time, in the year of 2012 alone, there had been fifteen mass murders, and at least eighty-four killed, not to mention the wounded. There had been thirty-one US school shootings since Columbine.

Many wondered and even asked, “Where was God?” Don’t you remember? He was kicked out of the schools and many of the public places years ago and hasn’t been allowed to return. Don’t you remember how HE was BOOED at the Democratic National Convention in October 2012? Have you not seen the \$1 coin that has been minted void of “In God We Trust” to replace the \$1 bill that contains that statement? Do you not know of the many battles that the true Christians are fight-



Evangelist Ruby McCray

ing against the ACLU and the Atheists, even now, to retain “In God We Trust” and “One Nation Under God” in our midst?

Since a servant can be no greater than his leader (Matthew 10:24), a U.S. Marine Corps Captain made history on December 18, 2012, when he proposed to his boyfriend in the Grand Foyer of the White House. This was a first! People are trying to eradicate every trace of God. Our president further said that the USA is not a Christian nation and it appears that he’s trying to prove it. One will not be able to play the “race card” with me. The word Christian comes from Jesus the Christ who became God in the flesh (John 1:1-5). The absence of God is the devil; the absence of good is evil (Isaiah 5:20-25).

It was reported that the twenty-year-old Adam Lanza had a well thought-out plan. That’s just what Micah 2:1 says, “What sorrow awaits you who lie awake at night, thinking up evil plans. You rise at dawn and hurry to carry them out, simply because you have the power to do so.” Although the lives of those babies were snuffed out so early, we can look at this in the light of Isaiah 57:1 which says, “Good people pass away; the godly often die before their time. But no one seems to care or wonder why. No one seems to understand that God is protecting them from the evil to come.” Those precious souls died while in their ages of innocence. They didn’t understand what it

means to confess and turn from their sins, receive Jesus Christ as Lord of their lives, be baptized in water, join, attend and support a Bible-believing church, confess HIM before others, talk to HIM daily and study HIS Word (the Bible) daily. Many adults don’t understand that; however, they are not considered innocent (Acts 17:27-31). Had they lived to become teen-agers or adults, I’m sure that some of them would end up dying in their sins for which they would be responsible (Luke 16:19-31). Therefore, dying is not always a bad thing.

Making laws to ban guns will not stop the evil that resides in the hearts of

mankind. As long as guns exist the evil person will have at least one while the innocent ones will be unprotected. The innocent ones are already living behind bars and alarms while the wicked roam freely outside. The lesser offenders are being released from prisons (to commit more crimes) in order to make room for the worse offenders.

How many times must we say (before we are heard) that the BIBLE needs to be the number one textbook in our classrooms—and studied! God, the Creator of mankind has given us laws to govern ourselves in order to become impacting people. However, many believe

that the Bible was written only by men. That being the case, they were some of the wisest men who ever lived to be able to write about events before their time, present events pertinent to today, as well as future events which are and will continue to unfold. I would say that those men were inspired by God (2 Timothy 3:16-17). You may not believe me, but...just what if I’m right?

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703 or e-mail rubbyacorm@yahoo.com.



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Did you know that as a result of tobacco use and exposure to second hand smoke, more African Americans die from tobacco related cancers compared to other races and ethnicities? Did you know that 3 out of 4 African American adults in Texas are either overweight or obese, which contribute to the onset of diabetes?

Do you want to make your community a healthier place? Join the federally funded Transforming Texas initiative in your area to support communities, schools, workplaces, and health care providers as they work together to help reduce the burden of chronic diseases, lower the cost of care and improve the quality of life for every Texan through the power of prevention.

Right now, the Waco-McLennan County Public Health District is leading the Transforming Texas initiatives in McLennan County. The Waco-McLennan County Public Health District is working with the Live Well Waco project to promote wellness in communities by encouraging healthier choices at home, work, and play. The Live Well Waco project offers a variety of information through each program sector: Eat Well Waco (healthy dining options guide and restaurant program), Play Well Waco (chronic disease management and smoking cessation), Work Well Waco (worksites wellness), and Think Well Waco (mental health and spiritual well-being). To learn more about Transforming Texas initiatives and programs occurring in McLennan County, please contact Tiffani Johnson at TiffaniJ@ci.waco.tx.us.

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