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THE *Anchor* NEWS

FREE! | SEPTEMBER 2022

VOLUME 20, NUMBER 2

HUNTERS CELEBRATE THEIR 21ST APPRECIATION SERVICE

Toliver Chapel is excited to honor its leaders in the faith. Dr. Jimmy D. Hunter, the pastor of Toliver Chapel Missionary Baptist Church, is a native of Austin, Texas. He is known as a pastor, a dad, a grandfather, a friend, a son, and so much more. Dr. Pamela Hytche-Hunter holds many titles, as well, and fills many roles. One of her roles is as an active partner in ministry with her husband. For 45 years, she and Pastor Hunter have been married, which makes the "First Lady" one of her titles. They both hold the titles of parents and grandparents.

The Hunters are partners in their pursuit of lifelong learning. Pastor Hunter believes education is a must-have, no matter what a person's interests are. He is focused on everyone in the family and his circle reaching their highest potential. While



DR. JIMMY & DR. PAMELIA HUNTER

the First Lady is a woman of many talents and many interests, some things are most dear to her heart. Her family, for example, is number two, coming only after God, and education is in her DNA because of her upbringing. The Hunters seem to share that

DNA, and they view anyone they encounter as having the same gene; thus, they push any and everyone toward excellence regardless of their age. As a matter of fact, Dr. Pam just recently lived out the adage, "Age is just a number," graduating with her PhD in Organizational Leadership from the University of Maryland Eastern Shore in Princess Anne, Maryland.

Their children were no exception to the rule. Neither of them had an option when it came to their education. Daughter, J'Naudia Hunter-Phillips and son, Dr. Jamison Hunter, both hold degrees. Jamison has earned his doctorate and J'Naudia is working toward hers.

The Hunters have the education to speak for their con-

SEE **HUNTER** PG. 10

FROM THE JAILHOUSE TO THE CHURCH HOUSE: CEDRIC IGLEHART'S SPIRITUAL JOURNEY

"He is absolutely legit!" said Rev. George Johnson, a former Waco pastor and one of Iglehart's spiritual mentors. "I've known him since he was a kid. He is not only absolutely determined to serve God, but he has had a transformation, a 360-degree turn-around."

Cedric Iglehart was raised as a Christian by Christian parents, Raydell and Doris Iglehart, but when he became an adult, he strayed away from their teachings. His decisions set him up for self-destruction. He was arrested several times in his 20's for drug posses-



CEDRIC IGLEHART

sion and DWI's. "But through it all, God showed me His favor. I was never convicted of a felony, although I probably should have been," Iglehart confessed.

Iglehart admits going through life with no real understanding of who he was. "I eventually found myself in a situation where my self-loathing and immaturity finally did lead to a felony conviction in 2014." He was sentenced to eight years in TDCJ. By then,

SEE **IGLEHART** PG. 15

SPOKEN WORD SHOWCASE COMING TO KILLEEN

BY W.B. GUNTER

Some of the top male spoken word poets will be coming to the Killeen Civic and Conference Center stage on October 23, 2022! The "He Said What He Said!" showcase will spotlight the dynamic talents and perspectives of men. Tickets are available online at Eventbrite.com. Plenty of free parking will be available, so get there early. For poets who are moved to share, sign up to participate and enjoy the cypher. Doors will be open, and the DJ will keep you moving.

A lot of talent will be packed into a few hours. The non-stop Cypher will kick off at 7:30. Come early to register. At 8:00 PM, the show, "He Said What He Said!" will begin. Hampton Suites will open in September, so book your stay early.

Forressa Harrison, owner of The Sweet Spot and one of the original founding members of The Hungry Poets, has spent years promoting and bringing spoken word to stages around the nation. She has offered workshops and continues to open doors for poets. Expected to kick off a new series, "Spotlight On Spoken Word," this event will feature a variety of talents and themes. For this session of Spotlight On Spoken Word, she will turn the mic up for some of her favorite male artists. Groundbreaking artists presenting at this showcase have spent years crafting and leveling up their art.

Artists like, Talaam



FORRESSA HARRISON

Acey, spent time as a traveling poet. For poets who travel, hard work is a must if they want to eat, sleep, rehearse, get gas, and connect. The nomadic lifestyle allows one to connect with people when the spotlight's off. It relies on the kindness and trust of strangers that can form life-long friendships. Talaam is an activist, who connects purpose with poetry. Bring pen and paper because you'll want to take notes. Check him out online.

Obbie West, a former military personnel, is an author, actor, and poet. Through the messages and his acting skills, Obbie transforms himself into the richness and souls of characters at the heart of his poetry. This nationally recognized poet is at the forefront of a new evolution in spoken word.

Clear your minds and be ready for the thought-provoking, talent of B-Shatter, author of the

SEE **KILLEEN** PG. 4

ANCHOR NEWS SPECIAL ANNIVERSARY SPEAKERS SHARE THEIR THOUGHTS THE ANCHOR NEWS—20TH ANNIVERSARY



J.L. & LINDA CRAWFORD

A co-owner of The Anchor News, J.L. Crawford is the director of operations for the paper. He is also an instructor at McLennan Community College, a Bible teacher, and a LegalShield Senior Manager. Linda Crawford is co-owner and editor of The Anchor News. She is an instructor at McLennan Community College, a Bible teacher and a conference, workshop and motivational speaker.

BY COMMISSIONER PATRICIA MILLER

Rose Bird was appointed in 1977, as the first female Chief Justice of the California Supreme Court. She served in that position until 1986. This is what she wrote about the American press over 30 years ago. "The role of the press and the protections which we afford it, are today - more important than ever before; because we dwell in a society where belief in our governments and the strength of our institutions are declining."

"...And the strength of our institutions are declining." The First Amendment of the Constitution protects the 'Freedom of the Press,' thus, placing a daunting responsibility on those who embrace it as a trade. Known as one of America's necessary institutions, the American newspaper shapes our beliefs and actions with its imagery and information.



COMM. PATRICIA MILLER

In Waco, McLennan County, Texas, one place we turn to confirm and fortify our beliefs is *The Anchor News*. That is what a great newspaper will do, and it is an African American-owned newspaper; thus, its owners, editors, and staff are to be commended for the fortitude it takes to persevere in the industry for over two decades.

Created in 1938 at Harvard University, the Nieman Foundation aims to promote and elevate the standards of journalism. Each year promising journalists from across the world come to Harvard and devote a year of study to the field of journalism. The result of their work is published in the "Nieman Report." In one of the reports, a reporter for The Courier-Journal in Louisville, Kentucky, Larry Muhammad, writes, "Once considered an outdated protest medium, the black press today is appreciated as crucial to ethnic progress." According to the report, the African American Press is

SEE **MILLER**, PG. 13

BY FORMER CONGRESS- MAN CHET EDWARDS

In challenging times too often dominated by negative news and cynicism, *The Anchor News* continues to be a positive source of good news and hope for our community. It shares with us inspiring lives and stories that uplift us all. We all need that these days.

In the November 2013 edition--nearly 9 years ago--the Crawfords shared these words: "At times you might even feel discouraged, but you must continue to stand against all odds. You must have dreams and lights at the end of the tunnels. During those times when you can't quite see the light, you must burn a candle, buy a candle or use a flashlight to keep your hope alive. And most important, when you run into negative people, YOU HAVE TO keep running."

That thought put a smile on my face and in my heart. Every community needs a Crawford family, whose faith and values remind us to keep hope alive and to remind us that, like a candle in the dark, light always overpowers darkness.

"I want to thank and salute *The Anchor News* for staying true to its purpose: "to serve our community... highlighting positive news and the contributions of minorities."

The Anchor News has educated our community about the leadership of minority citizens who might not be in the history books, but they have broken barriers and given hope to future



**FORMER CONGRESSMAN
CHET EDWARDS**

generations—leaders such as Reverend Robert Gilbert, Dr. Mae Jackson, Commissioner Lester Gibson, and so many others. *The Anchor News* shares the inspiring stories of everyday mothers, fathers, and teachers who have made a positive difference in our community. It has stayed true to its mission of being a messenger of hope. I am grateful for that.

Congressman John Lewis, who was a dear friend of mine and one of the "Big 6" of the Civil Rights movement inspired and taught me so much: the key to the Civil Rights movement was the power of Christian love; the importance of forgiveness; and the responsibility to fight injustice wherever we see it—to get into 'good trouble.'

Despite all the injustices John Lewis faced in his lifetime, he never gave up hope for our country. While he is

SEE **EDWARDS**, PG. 6

A NOTE FROM THE EDITOR...

FROM THE CRAWFORDS AND THE ANCHOR NEWS TEAM

We are still high! The 20-year anniversary Anchor News Celebration blew us away. You blew us away. We can't say enough about your support -- the spon-

sors, readers, attendees, participants, and prayer warriors. 20 years! That's a long time.

We say, "Thank you," once again.



The Anchor News is a free, monthly publication of Crawford Publishing, E-T-C, located in Waco, Texas, (254) 715-8943. All rights reserved.

PURPOSE

The Anchor News, dedicated to serving the community and surrounding areas, focuses on positive news and accomplishments of minorities.

POLICY

Anchored on the principles of scripture, Anchor News will at no time publish information that is potentially libelous material or intentionally malicious, derogatory or irrelevant.

EDITORIAL POLICY

Signed opinion articles do not necessarily reflect the opinion of the editorial staff. Unsigned editor-

als reflect the opinions of the editor.

LETTERS & ARTICLES POLICY

The comments and opinions of our readers are welcomed. Letters and articles should be e-mailed. Letters should be no longer than 200 words and must include a name and phone number. Article submissions should be no longer than 450 words and should include an original head shot (in jpeg

format) along with your name, address and phone number. We reserve the right to edit for grammar, space, potentially libelous material and copyright infringement. We also reserve the right to refuse derogatory, irrelevant and malicious submissions.

SUBSCRIPTIONS

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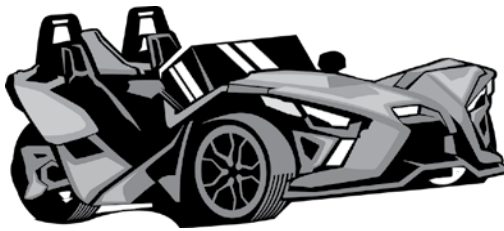
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SLINGSHOTS R US RENTALS AVAILABLE

BY LINDA CRAWFORD

Back in the day, the term "slingshot" referred to a concoction that we loved to play with. We could aim it, get ready, and act like David with the giant Goliath.

Today, the term is totally different. You can still get ready to play. You can still get ready to have fun, but



you will be behind the wheel of an open-air 3-wheeler that propels you into your own world of adventure.

Make no mistake. This is not an ATV or a motorcycle. This is not the typical convertible or tiny Rolls Royce. The slingshot puts you in control as you feel the rush of the wind and the power of the road that is just a few inches beneath your feet. It's like the song, "Happy." Come along if you want a room without a roof or a

house without a door. In this case, though, it's a fast mode of transportation or a slow cruise of the city that will fulfill the thrill of being wild and

free.

Get ready to be the talk of the town because all eyes will be on you! Reserve yours today. Call 254-300-3894.

ATTENDING THE ANCHOR NEWS 20-YEAR CELEBRATION

BY ANITA A. KNIGHT

Last month when an invitation to *The Anchor News* 20-Year Celebration popped into my "in box," I just knew it would be a classy, fun event. I was also elated for Linda and JL Crawford for this milestone of providing a beautiful, upbeat newspaper to the Greater Waco Community. Twenty years is a really big deal!

At the first of two parties - Girls Night Out - on Friday, August 5th, a large number of chic vendors wrapped around the walls of the Lion's Den auditorium where the event was held. They all handed out free gifts, massages, political opinions, beautiful cloth-



ANITA A. KNIGHT

ing for sale, and much more. Throughout the party, delicious sandwiches and bever-

ages were offered to guests (myself included!), while, in the background a steady parade of raffle winners were announced from the podium. Then there was the lovely and talented Tina Turner impersonator, whose cheerful repartee and singing made the party even livelier!

I couldn't attend the second event, on Saturday night, at the downtown NeighborWorks, but I my friends, Ramona and Jim McKeown, did attend. They said the Crawford's threw a spectacular party, with superb food by Sascee's and a fabulous live band. They were thrilled to see friends they hadn't seen in a while. It was high-class and so generous all the way.

The Crawford's have brought immense goodwill and value to the Waco Community and to those of us who are lucky to know them. We are richer because of them. We appreciate and congratulate Linda and JL on a job WELL DONE! And best wishes for every anniversary in your future!

EQUITY

Consider the animal kingdom, where no distinction is observed between male and female. They are equal in powers and privileges; They dwell together in complete unity and mutual recognition of rights. Shall we not enjoy the same equality?

'Abdu'l-Bahá, from the Baha'i writings



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IGLEHART RALLIES TO RENOVATE WACO'S ALPHA THEATRE

BY EVANGELIST
ETHEL HAWKINS

Dr. Patricia Ann Iglehart, the

founder of Just as I am Ministries, a 401C non-profit, has a vision to renovate the Historic Alpha Theatre at 221 Clif-

ton Street in Waco. Though she was in a serious car accident this year, nothing has distracted her from her vision. She walked out of the hospital, according to Baylor, Scott, & White with three broken ribs based on X-rays; however, she has never experienced any pain in her ribs. She was back on track with her mission.

The Alpha Theatre was donated to Just As I Am Ministries, Inc. by the family of the late Charles Iglehart.

The State of Texas Historic Commission has approved the Alpha Theatre as the recipient of a Recorded Historical Marker. This designation recognizes the historical role of three Black visionary WWII Veterans, Heyward Weaver, Jr., Edward Bonner, Jr., and George Pryor.

They obtained financing for the movie theater in the Black East Waco Community through the Federal Reconstruction Finance Corporation, a Depression-Area Financial agency, that made loans to small businesses.

They commissioned two Black brothers in their community, Clarence Iglehart, Sr., and his brother, Henry Dirk Iglehart, who owned the East Waco Fish Market on Clifton Street. The Alpha Theatre was a hit in the Black community and drew the attention of the publishers of JET Magazine. For more information, see Terri Jo Ryan's article in the Waco Tribune-Herald's June 18, 2011 issue and J.B. Smith's article in the February 1, 2015 issue of the Waco Tribune-Tribune ("Resurrecting the Alpha Theatre").

Alpha Theatre area was once known as Six Shooter Junction during the cattle rustling days of the old west. The theatre is conveniently locat-



DR. PATRICIA ANN IGLEHART

ed two blocks from the Hines Elementary School and the Rapoport School.

With your help, Just As I Am Ministries, Inc.'s dream of resurrecting the Historic Alpha Theatre as a musical and theatrical arts center for youth will become a reality! Suggested church donor categories are listed. Please be led by the Holy Spirit in choosing your donation category.

Church Donor Categories: \$25,000, \$50,000, \$75,000, \$100,000, \$125,000.

Individual Donor Categories, \$500, \$1,500, \$2,000.

Contact numbers for your donations include Ethel Hawkins, 842- 883 -5980 and Dr. Patricia Ann Iglehart, 914-319 -4580. Please make donations payable to JUST AS I AM MINISTRIES, INC.

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KILLEEN

CONTINUED FROM PAGE 1

book of poetry, *I Write on Walls Because I Never Got A Happy Meal*. Become immersed in the writing style of the free spirited, Christopher Lee.

In addition to October being the anniversary of the Million Man March, it's time for renewal and atonement. This all-male showcase is providing an opportunity for men to have their perspectives heard.

Harrison says, "So much depends on what men are saying. There's such a divide sometimes, but men and women are often on the same page. We just need to listen to each other." She continues, This stage will be personal. This event is not a competition. It's about the love of the art. Poetry is a craft that never gets old."

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WANDA B. GUNTER

Author, Artist &
Contributing writer
for *The Anchor News*

ENJOYING THE ANCHOR NEWS 20-YEAR ANNIVERSARY CELEBRATION

BY JO WELTER

On Saturday, August 6th, at NeighborWorks Waco, my husband Tim and I attended the celebration of the 20th anniversary of the first publication of *The Anchor News*. It was so wonderful to see good friends and to chat with some I hadn't seen in a while. I enjoyed the entire evening - the friends, the food, the emcee, the fashion show, the speakers, the awards, the live band, and the silent auction. What I savored most was the love, the happiness, and the heartfelt appreciation of Linda and J.L., who have served our community in so many ways for so long.



JO WELTER

One of the evening's features was a silent auction, and

my husband spotted two tickets to the October 23rd Cowboys game. He was the first to bid the minimum \$400 and watched it climb to \$560, at which time he decided to just let it go. In the last-minute attempt, he got in at \$600, just before bidding closed. Tim will enjoy this celebration all over again on October 23.

One of my favorite quotes is from Arthur Ashe - "Start where you are; use what you have; do what you can." Linda and J.L., you two are a perfect example that in doing this, one can have a significant and profound influence on individuals and on a community. Thank you!

A LITTLE NEWSPAPER WITH GLOBAL IMPACT

BY SYLVIA EDWARDS
LOMBARD

Birthered and inspired by a message and vision from God, *The Anchor News* has evolved into a newspaper with global impact. For twenty years *The Anchor News* has been a voice in the local and national community. The 20-Year Celebration began with Ladies' Night Out on Friday, August 5th, 2022, where local vendors displayed their goods and services. Some of the services included free massages, free manicures, facials, free food, and so much more! There was live entertainment and a raffle where visitors could win a variety of wonderful gifts, not to mention, that everyone was able to receive the latest copy of *The Anchor News*!



SYLVIA EDWARDS-LOMBARD

On August 6th, 2022, *The Anchor News* celebration continued with an Anniversary Reception that included a guest list of the "who's who" in Waco

and beyond. The atmosphere was filled with entertainment and excitement. An inspiring message from Commissioner Patricia Miller, Words of Encouragements from former Congressman Chet Edwards, and an alluring fashion show were some of the highlights of the evening.

Anchor News is representative of what God can do when you do what He directs you to do.—two ordinary people doing extraordinary things for the local community and beyond. Fueled by the desire to uplift, highlight, and honor the Waco community, *The Anchor News* has held true to its vision and purpose for 20 years. Congratulations JL and Linda Crawford and best wishes for many more inspiring publications!!!

WORKS THAT ARE ACCEPTABLE BUT NOT ACCEPTED

BY PASTOR
MATTHEW REED

This lesson is for the church of which Jesus is the head. It will open our understanding to the fact that the good things one does is not always accepted by God. II Timothy 2:5 teaches us that our works must be upright before God (And if a man also strive for masteries, yet is he not crowned, except he strive lawfully). II Timothy 2:6 states to serve God we must be doers of the word of God (The husbandman that laboreth must be first partaker of the fruits). For works (good deeds that are done) without Christ, the doer of such works will get no credit from God. Matthew 5:46 says For if ye love them which love you, what reward have ye? do not even the publicans the same? Loving your friends is not enough. You must love also your enemies (to be accepted). We should know love is the keeping of God's commandments. Read Matthew 6 to get a better understanding of the statement I am making about what is accepted.

II Corinthians 5:9 says Wherefore we labour, that, whether present or absent, we may be accepted of him. It teaches that there are labors that are not accepted. This article is to heighten God's people awareness of the vanity of labors that will not be accepted of God'. The scripture declares that



PASTOR MATTHEW
AND LADY HELEN REED

we are going to be judged according things done in his body (II Corinthians 5:10 says, For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad).

This is the whole thing in a nut shell; those who have not accepted Christ and do good things, when we say "thank you," they have their reward. There will be no heavenly reward from God. Without Christ, man is yet in sin. The good that one does will bless the benefactor, but for every good deed one does without Christ, God will not accept it. So all that ye do, do all in the name of the Lord Jesus and you will not lose your reward. Amen!

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VENDOR BUILDS RELATIONSHIPS

BY LUCY DIAZ

I was so honored to receive an invitation to be a vendor during Ladies' Night at *The Anchor News* 20th year celebration! When asked to display my jewelry I had to say yes in giving back.

The Anchor News printed an article on me titled: "Jewelry designer celebrates 9 years in the industry" in October 2016 (Volume 14, No. 3). I did not know what to expect because I had never displayed my Jewelry to the



LUCY DIAZ

Waco community.

I met Mrs. Linda Crawford and we just hit it off in our conversation. She is such a humble and caring woman of God.

Once the evening began, the ladies started pouring in, and were drawn to my One Of A Kind Jewelry Designs. It was truly a night of meeting people and building relationships with wonderful ladies in the community of Waco!

Thank you Anchor News for such a successful night and congratulations on 20 years of success.

EDUCATION, READING, AND CHILDREN! WHY READ?

BY DR. SANDRA HENRY

"What is so important about reading?" I asked myself. I took a walk into my past and stopped by my childhood.

I was born and raised in New York City, a fascinating multicultural city, and a child with a vivid imagination can experience many adventures. I have always loved school, books, and the gift of knowledge. As a child, I wanted to travel to faraway places, and reading helped me imagine I was right there. I liked reading adventure stories like, *The Ad-*

ventures of Tom Sawyer and the Adventures of Huckleberry Finn. Today we have many African American books written by bestselling authors like Tami Charles, *All Because You Matter*.

The most fascinating stories, truth, and adventures are in the Holy Bible. In Sunday School, we read about the Creation in Genesis and learned how our universe came into existence. We learned the value of life, that we each are worth something special. The story teaches us to work with integrity and rest to enjoy life.

We also learned in Genesis about Noah and the Ark, teaching us to care for innocent animals and preserve wildlife. When we see a beautiful rainbow in the sky, we know it is God's promise to humanity that He will take care of us and love us always.

As a mother, I encouraged my child to read by reading to him when he was young. Reading became part of our daily routine, and he was eager for me to read to him before bedtime.

I heard a presentation at my church about the importance of book clubs and the poor statistics in reading among our children. In 2015, I became involved in STARS Book Club at J.H. Hines Elementary School.



DR. SANDRA HENRY

Wanting to encourage children in our community to find the adventures and interests in reading that I did as a child, I

became a part of a book club. Reading is a way for children to reach their true potential. I wanted to be a small part of giving a child every chance to fulfill his or her dreams.

Reading builds character in children, future adults, developing empathy toward other people, and allowing them to imagine or relate to what others experience.

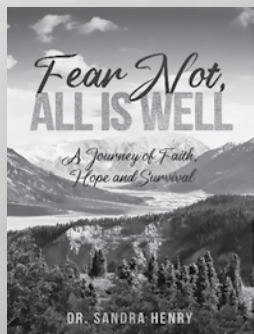
Reading is so much better than watching TV because it stimulates the brain, allows us to relax, builds and stores knowledge, improves language skills and vocabulary, and develops a child's imagination.

How can people live in our society and function to true potential, if they do not know how to read? Everything we do has some form of reading attached to it. Yet, there are people in America who do not know how to read. I find that sad. A country of this magnitude should not have this problem.

Reading empowers our children with the confidence to stretch beyond their limits and strive to reach their greatest achievements and expectations in their lives.

BOOK SIGNING & SALE

SL Henry Books - *Especially For You* by Joslin & Associates, LLC. Please join Dr. Sandra Henry on October 2, 2022, at 1:00 p.m. for her book signing and sale at Abundant Love Fellowship Church, 8459 I 35 (on the VLC Campus), Robinson, Texas 76706. You are welcome to join the Abundant Love family at 10:30 a.m. for Worship service.



EDWARDS

CONTINUED FROM PAGE 1

no longer with us, I believe he would be grateful for the mission of *The Anchor News*--its positive stories, its highlighting the important achievements of minority citizens in our community, and its reminding us of the power of Christian love to

make our community and nation a more perfect union.

Because of *The Anchor News*, we are a better community today, and we will be an even better community tomorrow. Thank you and happy 20th anniversary!

TOLIVER CHAPEL MISSIONARY BAPTIST CHURCH

—Honors—

*Dr. Jimmy &
Dr. Pamela Hunter*
in their 21st Appreciation Service

SUNDAY, SEPTEMBER 18, 2022
10:00 AM.

—GUEST SPEAKER—

Dr. Jamison
Pastor of the Mount Jezrell Baptist
Church of Silver Spring, Maryland



ALL THAT SHE CARRIED: THE JOURNEY OF ASHLEY'S SACK, A BLACK FAMILY KEEPSAKE BY TIYA MILES

BY JIM MCKEOWN

Book Review, Part 2...continued from August issue.

RUTH'S RECORD

"As a young woman with modest means and few prospects, Ruth Middleton transformed her life by moving north. Taking a leap into the unknown as a Black woman in the 1910s required tremendous courage. Ruth was still a teenager at the time, living in Columbus, South Carolina, and laboring as a domestic. She may have already met her future fiancé, Arthur Middleton, a South Carolinian from Camden and a tiremaker by trade. And she would have known from what she heard and saw, and perhaps from incidents in her own life, that the South was still a dangerous place for African Americans at the start of the new century. The first generations to be born to freedom found few opportunities beyond the agricultural work their forebears had done, risked indebtedness in the share crop-

ping system, and faced public humiliation as well as unpredictable violence in everyday life. Perhaps Ruth and Arthur evaluated their situation and determined that only dramatic change would better it. For they, like so many other African Americans fed up with the dusty prejudice of the South, packed their retinue of things and traveled northward seeking safety and opportunity." (25-26).

SEARCHING FOR ROSE

"The lack of information about Ruth Middleton's ancestor Rose is enough to stop the heart. But as difficult as it will be for us to identify Rose with the use of historical records, images, maps, the Internet, and freedom of movement at our disposal, it would have been exponentially harder for Rose and Ashley to reunite once they had been split apart by sale. Yet throughout the course of their separate lives, mother and daughter did not forsake each other. Nor did their descendent Ruth consign a vanished ancestor to ano-



JIM MCKEOWN

nymity. Rose vowed to always love Ashley and pressed that promise into the sack. Ashley passed that promise down, along with the object and the story of its origins. Ruth reinforced their bond by stitching their story onto the bag. Despite the external devaluation of their family ties, evidence by forced sale and absence in the formal written record, these women valued one another as kin and understood

the transcendent worth of lineage."

"To bear proper witness to this testimony, to glean what this family's take can yield, and to count their story in the annals of history that would tend to exclude it, we will follow Ruth's lead. Just as Ruth's chronicle on the sack emphasizes individual women, a single event, and the material Rose packed, we will endeavor to augment their details of Rose's record, to confirm her account of southern transgressions, and to write her foremothers' history. (57-58)."

ROSES INVENTORY

"We have in Ashley's sack a nearly unparalleled opportunity for insights into the lives of enslaved women. In the bag Rose packed and the description Ruth appended, we see an index of treasures. I contrast to the blatant devaluation of enslaved people as people evident in slave owners' property lists, the slave woman's inventory, a countercompilation, points us to the deep worth of Black female human-

ity as well as the role of things in defending enslaved people's dignity as humans and as women." (127)

This complete and thorough examination of the life of Rose and her story—as well as those of her descendants—shows African American women with determination to escape slavery and re-establish their humanity as human beings as well as their dignity. All that *She Carried* by Tiya Miles is an incredibly, powerful story of *The Journey of Ashley's Sack, A Black Family Keepsake*.

Jim McKeown © is a retired McLennan Community College English Professor.

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ARE ROOF WARRANTIES TRANSFERABLE?

BY MAYRA VARGAS

If you are buying or selling your home, please consider your roof. Why is it important to obtain proper information from the previous owner pertaining to your roof?

What does the transferable warranty cover? Why is it important to properly choose a roofing company when replacing your roof?

OBTAIN INFORMATION!

Above all, if your roof was recently replaced, and you just pur-

chased your home, please find out who replaced your roof and when. We commonly receive calls from clients who just bought a home. However, shortly after they moved in and the rain began to pour down, they noticed some missing or broken shingles, nails exposed, or pipes unsealed. Then they spotted the leaks. It is imperative that you obtain the company's contact information from the previous owner.

WHY DO I NEED TO GET THIS INFORMATION?

So you won't get stuck paying bills for small repairs; patches/repairs can range from \$350 to \$7,000! While we don't mind the business, we are also homeowners and want to educate our customers.

WHAT DOES A ROOF WARRANTY COVER?

If the previous owner hired a company rather than a "do-it-yourself person," it's very likely that the company has a warranty in place and this warranty can be transferable. AmeTex Roofing Ltd, Co. has a labor warranty for all our roofs for up to five years, and it is transferable. That means if there are any issues with your brand-new roof due to installation, we will take care of We strive to use high-quality materials based on each individual's budget and each manufacturer provides a 25-year to a limited lifetime warranty on the asphalt shingles, commonly allowing a one-time transfer, to the next owner for a small fee. This pro-



MAYRA VARGAS

cess normally must be done within 60 days of the real estate transfer. If AmeTex Roofing, Ltd. Co. did the installation and you have notified us within 60 days of your real estate transfer or sale of your

home, we will make the transfer on your behalf and will cover a limited fee amount required to transfer the roof.

WHAT DO I LOOK FOR IN CHOOSING A COMPANY?

Do your research. If you purchased a home "as is" or maybe it's just time to replace your roof, please be sure that you are going with a local, knowledgeable, and reputable company. This decision will protect you and other future homeowners if you want to sell later down the road. Above all, you will have all the documents necessary to transfer warranties should a roof issue arise. With over 25 years of experience and 10 years of serving Waco/Central Texas and surrounding communities, AmeTex will help you have all the proper warranties in place. Give us a call for a free no-obligation estimate. 254-294-8002.

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WE CONGRATULATE THE ANCHOR

BY BOBBY AND
ROSEMARIE TATUM

It is with great pleasure that we congratulate *The Anchor News* for 20 years of dedicated journalistic service to Waco and the surrounding communities. In the face of today's challenges and pressures in many communities across the country, *The Anchor News* has been instrumental in keeping this community informed of current events in an inspirational and positive way.

The Anchor News has a long-standing reputation in the community for connect-



BOBBY AND
ROSEMARIE TATUM

ing people of all walks of life together in a positive and uplifting way. J.L. and Linda, you

have every reason to be proud of your phenomenal accomplishments.

In addition, we would like to commend all those involved in the publication of *The Anchor News* for their efforts and for being a source of timely and reliable information. The writers and staff, both past and present, have been more than successful in capturing the true essence of McLennan County and its surrounding areas.

Congratulations to all of you and may you continue spreading the good news for many years to come.

HOME OFFICE DECOR

SUBMITTED BY
LINDA MCDONALD

As more people are transitioning to working from home in some capacity, the need for a well-designed home office is paramount. Having a space where you feel comfortable and motivated will lead to increased productivity and happiness. To create the perfect home office space, consider the following tips.

Embrace Your Windows.

You may be tempted to place your desk in the corner, but consider having it sit in front of the window, parallel to the panes. This allows you to have the benefit of natural light when working, providing a nice view of the outdoors to keep your mind clear.

Lamp Lighting. A table lamp is best when working during the darker hours of the day. Strictly using overhead lighting creates an uncomfortable work environment, so supplement with the softer light of a lamp.

Comfort is Key. Sitting upright at a desk may lead to fatigue, so every home office should have a place to get comfortable. Add a comfy chair or small sofa (with an ottoman to kick your feet up) for a nontraditional workspace, helping spark creativity.

Go Green(ery). Add-



LINDA MCDONALD

ing plants or flowers to your workspace can increase your happiness and your willingness to spend time in your office. Consider populating the office with plants that don't need water every day, in case you prefer to disconnect from all things work-related on the weekends.

Smart Storage. Install magazine racks or wall shelves to declutter your space. Is your home office a converted guest bedroom? Add shelves and drawers to the closet space to decrease the need for storage in your main workspace.

Call Linda McDonald, ABR, CRS, GRI, PMN, SRS, TRLP, "The Real Estate Lady," for all of your real estate needs: Coldwell Banker/Apex Realtors, 254-855-1717.

HUNTER

CONTINUED FROM PAGE 1

victions. Pastor attended the Austin Public Schools graduating from the (Original) L.C. Anderson High School, May 1970. He attended the Huston-Tillotson College (now University) in Austin and received a Bachelor of Arts degree in Vocal Music Performance and All-Level Music Education. He did further study in music and theatre at St. Edward's University also in Austin. Dr. Pam has a Bachelor of Arts degree in psychology with a minor in human services and a Master of Arts in psychology with a specialty in Minority Mental Health. Plus, she is also a licensed master's social worker.

Their community involvements are many and varied. Pastor Hunter is active in religious, civic, and community affairs. He serves on the Board of Trustees at Hardin-Simmons University in Abilene, Texas and on the Board of Di-

rectors of Prosper Waco. He was the Past-Moderator of Union Baptist District Association where during his administration he led the district in the building of a \$900,000 new tabernacle. He is a brother of Alpha Phi Alpha Fraternity, Inc., He was chair of the faith-based committee for the 2010 Census for the City of Waco, served two years as the City of Waco Education Summit Faith-Based Committee Co-Chair, was a budget committee member for the 2011 Cameron Park Centennial, completed a 5-year appointment as an Advisory Board Member of the Waco Regional Airport; His past memberships include Waco Center for Youth Advisory Board; the Rotary Club International; W.I.S.D. Foundation Board, and Board of Advocates for the School of

SEE **HUNTER**, PG. 11



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THE "WEIGHT-GAIN LACK OF ENERGY" STRUGGLE

BY JERRY SNIDER

As a health coach, I'm excited to offer a Health Q&A column for the readers of the Anchor News.

QUESTION: Hi Jerry, I've been struggling with weight gain and lack of energy that has gotten progressively worse every year. I gained a little weight with my first child 7 years ago but it really got worse after my second child 5 years ago. I'm turning 40 this year and everyone tells me it's just part of getting old. I feel like I'm physically missing something but don't know where to start. Can you help me figure out what to do? Thanks, Cori.

ANSWER: Hi Cori. You are thinking correctly that this isn't just part of getting old. No one should settle for weight gain or having a lack of energy just because you are getting older. While age can be a factor, it's not usually the main cause of health changes. More than likely, this stems from the combination of life changes that happen when going through pregnancy and having young children.

First, pregnancy can disrupt the bacterial balance in the gut. This is important not just be-



JERRY SNIDER

cause the gut plays a major role in our immune system but it also produces neurotransmitters that direct the function of both the brain and thyroid. Inefficient brain and thyroid function is likely the culprit of how you are feeling today. I'm not saying that your brain isn't working, it's just not working as well as it could.

With pregnancy and early childhood comes two other factors that disrupt the body's efficiency: food cravings and sleep deprivation. Most women have food cravings during pregnancy and most of the

time those cravings are not for healthy foods. Unhealthy foods will obviously be a cause of weight gain but what you don't see happening in physical appearance could be a bigger consequence. Unhealthy foods typically have toxins and chemicals that disrupt proper cell function leading to an array of mental, emotional, and physical issues.

As the parent of two children close in age, I know the lack of sleep issue well. Sleep is the time where our bodies recover and repair. When there is a lack of sleep, that recovery time gets cut short which leads to fatigue and energy loss.

With all of that explained, you need to see what fits for where you are. If your nutrition is off, make the necessary changes in your meals. If you need more sleep, plan your day around it. You may also find it helpful to get a blood test done to check on your vitamin, mineral, and hormone levels to verify everything is balanced properly.

While you can't change how you got to where you are today, what you do today will change where you are tomorrow.

Have a question for

Jerry? Send it to jerry@allinhealthandwellness.com.

Jerry Snider is an exercise physiologist, health coach, and owner of All In Health and Wellness. He has authored two books available on Amazon: No

More Sugar Coating and Confidence Through Health, and is the host of the podcast Confidence Through Health. Visit www.allinhealthandwellness.com to learn more about Jerry Snider.

HUNTER

CONTINUED FROM PAGE 10

Social Work at Baylor University. He is published in Oxford Sermons, Hupomone Press and The Truett Pulpit/Sermons at the George W. Truett Seminary.

Dr. Pam is busy with community affiliations as well. She is a long time member of the Alpha Kappa Alpha sorority, the Waco Chapter of Links, and THE WACO National Association of Negro Business and Professional Women's Club. She is or has been a part of the Board of Trustees for Heart of Texas MHMR and Texas Counseling Association, and is the Past President for the Heart of Texas Chapter of the Texas Counseling Association. She was a member of the City of Waco Con-

vention and Visitors Bureau, and the Board of Directors for Goodwill Industries. Hunter has numerous honors, including being commissioned by the State of Texas in 2014 as a "Yellow Rose of Texas," an honorary commission conferred by the Governor of Texas to women for their exceptional community service.

Dr. Hunter and Dr. Pam are excited to celebrate their 21st Appreciation Service Sunday, September 18, 2022 10:00 am. at Toliver Chapel Missionary Baptist Church. They are most excited and extremely proud that their son, Dr. Jamison, will bring the message. Pastor Dr. Hunter and Lady Dr. Pam ask that you to join them.

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LET'S NOT GIVE THE DEVIL LEGAL RIGHTS, PART 9

**BY EVANGELIST
RUBY MCCRAY**

Continued from the August edition of The Anchor News. To review the previous article, please go to www.theanchornews.org, click "Archives," then the year and finally, the month.

"Therefore, putting away lying, 'Let each one of you speak truth with his neighbor,' for we are members of one another. 'Be angry, and do not sin': do not let the sun go down on your wrath, nor give place to the devil." Ephesians 4:25-27

"Now there was a famine in the days of David for three years, year after year; and David inquired of the LORD. And the LORD answered, 'It is because of Saul and his blood-thirsty house, because he killed the Gibeonites.' So, the king called the Gibeonites and spoke to them. Now the Gibeonites were not of the children of Israel, but of the remnant of the Amorites; the children of Israel had sworn protection to them, but Saul had sought to kill them in his zeal for the children of Israel and Judah.

"Therefore, David said to the Gibeonites, 'What shall I do for you? And with what shall I make

atonement that you may bless the inheritance of the LORD?"

"And the Gibeonites said to him, 'We will have no silver or gold from Saul or from his house, nor shall you kill any man in Israel for us.

"So, he said, 'Whatever you say, I will do for you.'

"Then they answered the king, 'As for the man who consumed us and plotted against us, that we should be destroyed from remaining in any of the territories of Israel, let seven of his descendants be delivered to us, and we will hang them before the LORD in Gibeah of Saul, whom the LORD chose.

"And the King said, 'I will give them.'

"But king spared Mephiboseth the son of Jonathan, the son of Saul, because of the LORD'S oath that was between them, between David and Jonathan the son of Saul. So the king took Armoni and Mephiboseth, the two sons of Rizpah the daughter of Aiah, whom she bore to Saul, and the five sons of Michai the daughter of Saul, whom she brought up for Adriel the son of Barzillai the Meholathite; and he delivered them into the hands of the Gibeonites, and they hanged them on the hill before the



EVG. RUBY MCCRAY

LORD. So they fell, all seven together and were put to death in the days of harvest, in the first days in the beginning of barley harvest.

Now Rizpah the daughter of Aiah took sackcloth and spread it for herself on the rock, from the beginning of harvest until the late rains poured on them from heaven. And she did not allow the birds of the air to rest on them by day nor the beasts of the field by night.

"And David was told what Rizpah the daughter of Aiah, the concubine of Saul, had done. Then David went and took the bones of Saul, and

the bones of Jonathan his son, from the men of Jabesh Gilead who had stolen them from the street of Beth Shan where the Philistines had hung them up, after the Philistines had struck down Saul in Gilboa. So he brought up the bones of Saul and the bones of Jonathan his son from there; and they gathered the bones of those who had been hanged. They buried the bones of Saul and Jonathan his son in the country of Benjamin in Zelah, in the tomb of Kish his father. So they performed all that the king commanded. And after that God heeded the prayer for the land." 2 Samuel 21:1-14

Precious people, those seven sons weren't the ones who killed the Gibeonites, but they had to suffer the consequences. So many times, our children have to suffer because of the bad choices that we make. God sees everything—even our so called hidden-secret sins. Yes, He will forgive us if we confess and repent, but somebody or something is going to have to pay the price, because God will not be mocked. Galatians 6:7, 8

The Gibeonites were an enemy who was supposed to be destroyed when God was giving the Israelites their land.

They were so afraid because they knew that they were doomed. They concocted a lie, pretended that they were from a faraway country and asked Israel to make a covenant with them, swearing by an oath. Israel did that without consult God; so, Israel ended up having to help them fight their enemies. Joshua, Chapters 9 and 10. We can't point the finger at them, because many of us have married a spouse without consulting God, then must spend the rest of our time crying out to Him for help.

Oh, if only our leaders would consult God, whether they be Republicans, Democrats or Libertarians! God knows how to run not only our country, but the entire world which He made. Proverbs 3:5-7

Please join me in October as we continue this series. All Scripture is taken from the New King James Version of the Bible unless otherwise stated. You may not believe me, but just what if I'm right!

Evangelist Ruby McCray is the founder of A City of Refuge Ministries. For questions or comments e-mail rubyacorm@yahoo.com or write to A City of Refuge Ministries, P. O. Box 2025, Waco, Texas 76703.

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STOP ACTING YOUR AGE – INSTEAD STAY ACTIVE

BY MARGARET IVORY

My eldest sister whom we affectionally call “Tis” said that whatever play activities that we loved as children and teenagers, we should continue as adults.

I loved to hula hoop—one hoop, two hoops, three hoops; around my neck, around my leg, around my waist. I loved to hula hoop! So I purchased a weighted hula hoop at Academy Sports. Initially, it was a bit heavy around my ribs but now it doesn’t bother me at all.



MARGARET IVORY

In my neighborhood, I was the dodge ball champ! Now I play this same game with my tween grand using rolled up socks.

As a teenager, I loved to do yoga. As a senior citizen, I can still do some of the yoga poses.

So what about you? What did you love to do as a child or teen? Did you love to run around the playground as a child or do track and field as a teen? There are many great tracks right here in Waco. Start slowly at first. Go around the track one time. Stop and walk if you have to. Build up your stamina until you can compete in a local marathon or in the Senior Olympics.

My college friend, Deborah, competes in Senior Olympics nationally each year.

Did you love to swim? Join the YMCA or better still, put in a pool in your own backyard. In one city, the senior citizens raised funds and got permission to put in a pool at their apartment complex. Start with one lap until you can do multiple laps.

We had the best music in the 60’s and 70’s. Did you love to dance? Find a fun YouTube channel that plays our music. Turn it up and dance like nobody’s looking.

Did your love soccer, softball or football? Coach a little league team and teach them

what you were taught. Running up and down the field with your team will give you great exercise and clean fresh air.

One key to being a healthy senior citizen is to stay active doing the play activities that we loved doing as children and teenagers. Stop acting your age and instead get active!

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MILLER

CONTINUED FROM PAGE 1

central and key to our cultural improvement, growth, and advancement.

As I reminisce on the birth of *The Anchor News*, I have memories of the day Linda Crawford walked into the office of then Commissioner Lester Gibson to share her thoughts on starting an African American newspaper. She said she wanted to provide, a medium that would allow the community to share uplifting and encouraging informative stories. Commissioner Gibson felt an African American newspaper needed to focus on African Americans’ social injustices so the two shared a lengthy conversation.

Most poignant about that conversation was Linda’s final response. She said, “Yes, pointing out the social injustices that African Americans face daily is needed; however,” she said, “that is not the vision God gave me.” Reflecting on her statement, I am reminded of Proverbs 29:18. “Where there is no vision, the people perish.” I am grateful today, as I am sure, many of you are too, that Linda stayed true to her vision. We cannot overstate the benefits to a reader, of positive imagery, articles of accomplishments, and stories that serve to encourage and empower us. I applaud the work of *The An-*

chor News.

JL and Linda are pursuing their dreams of obtaining their Ph.D. They are both Bible teachers and instructors at McLennan Community College – while providing the community with *The Anchor*, which has a distribution spreading across 300 locations throughout Waco and Central Texas. I am proud of its content that spotlights key individuals, businesses, special events, health/wellness, religion, and financial literacy. Focusing on positive news, it highlights the accomplishments of minorities and is free to readers. The *Anchor* relies on advertising dollars, and on that note, I encourage our public and private entities to include *Anchor News* in their marketing strategies.

Dr. Martin Luther King, Jr. said, “Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”

Congratulations J.L. and Linda and the entire *Anchor News* team on 20 years of existing in our city, county, and Central Texas area. Thank you for allowing Waco, McLennan County, and Central Texas, to see our community through our accomplishments and positive imagery.

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CONFLICTING EMOTIONS

BY MONA DUNKIN

The need for life to matter is critical and not to be denied. Each person is wonderful, special, and important. One life is worth no more or no less than another. Yet, it seems two problems yet remain:

1) Thinking you are somebody.

2) Thinking you are nobody. People often say, "I can't help how I feel." In some respects, there may be an element of truth there. It is true that we cannot control how another interacts with us, but we do have a lot of control over how we respond to them or to others.

Let me share the non-secret, secret: Respond to the need; do not react to the deed. Do not react to the personality or the tone of voice, or the look on their face.

A helpless feeling primarily refers to emotions. Emotions are created jointly by our unconscious and conscious thinking as well as our conditioning. By embracing this information, we have more control over how we allow our emotions to emote.

We train ourselves through new information and practice.

My mother was afraid of lightning, and since the storm, plus my mom is something that is due respect, I was afraid of storms also. My mother's sister, my Aunt Ruth, enjoyed sitting safely on the screened-in back porch and watching the storm. Through her calmness, storms were to be respected, but not feared. Take appropriate actions for safety, or for sanity, or for composure.

As our thoughts place blame, we become vulner-

able to emotional reactions. Without trained, deliberate thinking, we easily become angry, resentful, and self-righteous. Trying to suppress our uncomfortable feelings, we dredge up toxic thoughts.

The more disempowered one is, the more violent one becomes.

By observing our thoughts and emotions, we can witness how they build on each other through our attachment to inner misconceptions. As a baby step to nonattachment, witness your thoughts before responding. Breath work helps tremendously.

As you become calm internally, feelings will settle of their own accord. If we are



MONA DUNKIN

not stirring up the pot or turning up the heat; the agitation will simmer. Our emotions will

calm down. The body is our servant, so do not allow emotions to dominate or dictate your behavior.

There is motion and emotion. Motion is movement. Emotion is Energy behind the movement. As the energy behind emotion is calmed, toxic emotions will disappear, and nontoxic thinking will start to arise in your heart.

So, think you can do it? Well, I think you can. And the rewards will be peace.

Mona Dunkin, owner of Solution Principles, is a professional speaker, trainer, and personal success coach. monadunkin@gmail.com Subscribe to Solution Principles YouTube Page.

18TH ANNUAL WACO CULTURAL ARTS FEST – "DRAWING PEOPLE TOGETHER"

BY DOREEN RAVENSCROFT

The 18th annual Waco Cultural Arts Fest will open Friday, 30th September @ 6pm and continue Saturday 1st October 10 am – 10pm and Sunday 2nd October 11am – 4pm at Indian Spring Park, and the Waco Convention Center University Parks Drive in downtown Waco. The Waco Cultural Arts Fest is a FREE, celebration of arts and culture, in downtown Waco, bringing artists, live music, dance, poetry, science, and art activities for the entire family. Activities include wood and paper sculpture, painting, mask making, and more.

FRIDAY, 30TH SEPTEMBER AT 6PM

Music Fest on the Main Stage Get ready for a big opening night!

Fenix Theory, the most diverse Special Events Band in Central Texas,

American Merit, Roots Rock'n'roll

Scott Strickland Band, Rock/Jazz/Soul –Excited to play, Scott brings his big voice and songwriting talent to Waco.

WordFest Open Mic 7-9 pm in Texas Room, Waco Convention Center from. Over the years' thousands of poems have been submitted hoping for a chance to be published in the highly es-



DOREEN RAVENSCROFT

teemed WordFest Anthology. The 2022 Anthology includes fifty of the best poets in Texas Other poets selected in the United States are from New York, Kansas, North Carolina, Rhode Island, New Hampshire, New Mexico, Virginia, Minnesota, Georgia, Louisiana, New Jersey, and Washington. International poets are selected from Nigeria and the United Kingdom.

Shop for original art on Saturday and Sunday.

SATURDAY, 1ST OCTOBER 10AM – 10PM

ArtsFest Arts for all art activities

ScienceFest the engineered butterflies are back but save your energy to pedal!

Generate electricity, see what you can light up!! What's a Lithophane, take one home!

Robots to Mammoths and more! Texas Room North 113-115

WordFest workshops with author D. Ellis Phelps Texas Room South 116-117

The Main Stage opens at 10 am with Dance-a-Thon featuring local Dance Studios

MusicFest continues with an eclectic lineup of genres that includes

Mariachi Azteca, Smooth Nature, Sunnn, Nigel Cole, Suede, Kam KT and more!

SUNDAY, 2ND OCTOBER

MusicFest Main Stage honors the late Classie Ballou

11 am – 4 pm Performances include, Cam'Ron Ballou & the Darker Shades of Zydeco, The

Ballou's Cats, Sanger Heights All-Stars, Home at Last, and Cacean Ballou and the Dirty

Crawfish

WordFest 10:30 a.m.-noon Workshop/Performance: Performing poetry with instruments and/or percussion led by Rae Denton & Gary Heck

1-4 p.m. Open Mic (open to the public) Featuring Native American flute musicians, poets, and rhythm

ArtFest - Make more art with Arts for All! ScienceFest – explore, be curious!

Remember to visit all our wonderful artists, get to know them, and buy some original art!

For more information, visit www.wacoartsfest.org.

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IGLEHART

CONTINUED FROM PAGE 1

he had lost everything -- his job, wife, kids, self-respect, and "even my will to live," he added.

"I remember waking up in a detox cell two days after my arrest and purposed it within myself to just lay down on that dirty concrete floor and die." But as God would have it, Iglehart would turn to Him. "It was shortly after I made the decision to die that I noticed the single 60-watt light bulb in my cell getting brighter, and brighter. The light became so bright that it hurt my eyes to look at it. With my eyes tightly closed and my body in the fetal position, I heard a voice in my head. This voice was dripping with clarity, authority, and love."

"You think you're hopeless. You think you're worthless. I can use you if you let me. Are you ready now?"

"I immediately knew it was the Lord. 'If you want this life, you can have it.'"

Iglehart described feeling waves of energy pouring over his body, like water from a hose. He realized he was crying, and each tear was cleansing him, finally bringing him to the point of surrender. "God took advantage of the opportunity to come in and save me from myself," he said.

Iglehart spent nearly seven

years in prison, but God kept showing him that he could rely on Him to meet all of his needs. He focused on God's purpose for his life and on his spiritual gifts, one of which is teaching the Word. "My prison experience," explained Iglehart, "was more like going to a Seminary School," and Johnson Jr., agreed, saying Iglehart's mindset is different. "He is not the Cedric we knew years ago."

While in prison, Iglehart constantly heard of violent outbreaks in whatever facility he was in, but he never was never present to witness them. "God never let any of that come my way."

Iglehart says while serving his time, God dictated to him a 72-page manuscript. "It was the start of his debut book, *Real Life: How to Develop an Intimate Relationship with God*, which was published in 2021. He is also the president of Real Talk Global Ministries, a teaching ministry all about showing people how to apply God's word to their life. The ministry consists also of a YouTube channel and a podcast, and Iglehart ministers through church appearances and social media.

His book is available on amazon.com, barnesandnoble.com and by contacting cedriciglehart@gmail.com.

FROM THE DESK OF ATTORNEY E. SHANK (CANDIDATE FOR THE TEXAS HOUSE)

Hello Friends and Neighbors.

My name is Erin Shank and I am running to represent you in The Texas House of Representatives. House District 56 is a large district and in order to reach as many voters as I can before the November 8, 2022 election, I have decided to write a bi-monthly column introducing myself to our community and talking briefly about the issues.

In this first column, I want to briefly tell the readers a little about myself. I am a mother, the wife of a veteran, a lawyer, the owner of two small businesses, and a Christian. I believe that I am very qualified to represent our community in the Texas House because I have three college degrees, from three separate Texas universities, all with an emphasis in law and politics. I have a bachelor's degree from Trinity University in San Antonio with a double major in political science and journalism. I have a master's degree in public administration from Southern Methodist University in Dallas. Finally, I have a law degree from Texas Tech University School of Law in Lubbock, Texas. My opponent has a degree in veterinary science.

As a practicing attorney, I have represented over 6,000 Central Texans in federal court proceedings in Waco and in countless out-of-court settlements and mediations. I have represented individuals, families, and small businesses from all over McLennan County. Chances are, I have represented a friend, colleague, relative, or neighbor of yours



ERIN SHANK AND
HER DAUGHTER

over the past several decades. My opponent never represented anyone before he was elected to this seat. He was a practicing veterinarian. In fact, he was my puppy's vet-

erinarian! Veterinary science is a great profession, but I believe multiple years of university study in politics and law, along with years of actually representing individuals and small businesses in our community, make me the more qualified candidate to represent you in the Texas House of Representatives.

To learn more about my campaign, please visit our website at www.erinshankfortexashouse.com and on Facebook and Instagram at Erin4Tx. It would be my honor and privilege to represent you and our community in the Texas House of Representatives.

Remember to vote for Erin Shank for Texas House on November 8, 2022.

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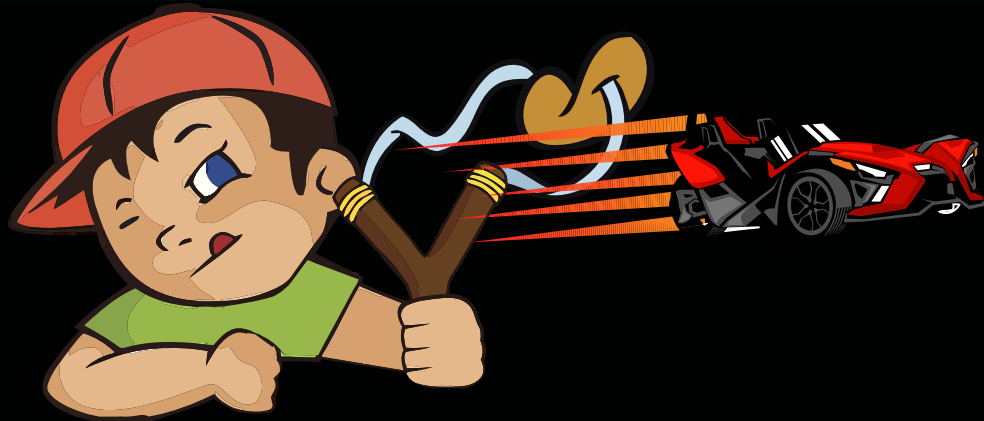


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